

## *Carla Gaff-Clark, Ed. D., LMHC, LCAC*

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### **PROFESSIONAL OBJECTIVE**

Doctor of Education and Counseling

Research Interests: Life-long learning, mental health, addictions, domestic violence.

### **EDUCATION**

**Ed. D. 2001 -- Graduate -- Ball State University, Muncie, IN**

*Emphasis: Adult and Community Education/Counseling (Double Cognate)*

Dissertation Research: Qualitative Analysis of Chemically Recovering Persons Who Were Raised in Alcoholic Families and Their Perceptions of Treatment Plans. Honor Student with 3.85 GPA.

**MS/MFT. 1996 -- Butler University, Indianapolis, IN.** Major emphasis on Marital and Family Therapy, specializing in families in crisis. Special research in sexuality of students and the possible clinical needs of heterosexual, bisexual and homosexual couples. Honor student with a 3.89 GPA.

**BSBA. 1992 -- Indiana Wesleyan University, Marion, IN.** Emphasis on Business Administration. Named to Who's Who Among Students in American Universities and Colleges.

**Associates of Arts. 1990 -- Ohio University, Athens, Ohio.** Major emphasis on Journalism/Communications.

### **PROFESSIONAL Licensing:**

Licensed Mental Health Counselor

Licensed Clinical Addictions Counselor

### **EXPERIENCE: TEACHING**

*Teaching Adjunct Faculty, Graduate School of Counseling, Indiana Wesleyan University, Indianapolis, IN*

*September 2002 - present.*

Instruct students in Psychology, Counseling and Therapeutic Techniques. Teaching responsibilities have included:

- Teaching from one to three courses per semester including most 500 level courses.
- Theory and Techniques, Appraisal and Testing, Families in Addictions, Community

Mental Health Services, and The Client in Addictions.

NOTE: All courses included Internet usage and use of multi-media for course delivery. Also assumed role as academic advisor to students and participated in a number of activities in support of my department and college.

***Teaching Adjunct Faculty, Graduate School of Education, Butler University, Indianapolis, IN  
September 1999 - present.***

Instruct students in intensive module learning classes at Butler University for one credit each.

- Teaching from one to three courses per semester including summer school -- 500 level courses.
- Teaching load: Trauma and the Student, Families in Addictions, Eating Disorders and the Life of a Student.

***Undergraduate Teaching, Adjunct Faculty, Indiana Wesleyan University, Indianapolis, IN  
and Marion, IN  
September 1997 - present.***

Instruct students in Communications, Psychology, English and Sociology. Teaching responsibilities during this time have included:

- Teaching four hour classes.
- Teaching load: Introduction to Human Communications, Business Communications, Principles of Sociology, Psychology of Personality, Abnormal Psychology, Human Wellness, English-Written Communication, Literature and Sociology -- The Study of Marriage and the Family.

***Educational Trainer, Indiana Coalition Against Domestic Violence, Indianapolis, IN  
October 1997 - present.***

Instruct participants in mental health, addictions and the domestic violence connection. Teaching responsibilities include:

- Teaching/training three-hour sessions throughout the state of Indiana.
- Teaching/training load: Bipolar and Depression, Eating Disorders and DV, Addictions 101, Family Addictions, The Narcissistic/Borderline Couple, Dependent Personality Disorder, Clients with ADHD, Fetal Alcohol Syndrome and Domestic Violence, DV and Meth, Pharm-parties, Dual Diagnosed Clients of DV, Self-Mutilating Clients, Clients with Dependent Personality Disorders.

***Undergraduate Teaching, Adjunct Faculty, Butler University, Indianapolis, IN  
September 2007 - May 2008.***

Instructed students in Communications, Education. Teaching responsibilities included:

- Teaching mornings and afternoon courses.
- Teaching one and three hour classes.
- Teaching load: Public Speaking, Human Growth and Development.

## **OTHER RELEVANT WORK EXPERIENCE**

### ***1997-present -- Private and Clinical Therapist, Associates in Mental Health, Muncie, IN***

- Serve as a crisis therapist specializing in addictions, domestic violence and mental illnesses
- Started intensive therapy for eating disorders in clients
- Do one-on-one therapy, family therapy, couple counseling
- Serve as *Expert Witness in Domestic Violence* cases throughout the state
- Network with local agencies to assist clients with in-patient services

### ***1995-1997 -- Pathway to Recovery, Inc., Development Director/Therapist.***

- Served as a relationship therapist specializing in addictions in families
- Started three new education groups at the facility
- Did one-on-one therapy, family therapy, couple counseling and lead group therapy
- Served as Development Director at Pathway working on funding and grants
- Orchestrated public awareness campaigns, wrote news releases, newsletter and handled media stories, photos and columns

### ***1992-1995 -- State of Indiana, Public Relations, Indiana Senate, Public Information Officer.***

- Handled media relations
- Wrote news releases, radio scripts and columns
- Created publications, including newsletters and brochures
- Created booklets using PageMaker and Windows
- Took photos for all publications.

### ***Noblesville Daily Ledger, Topics Suburban, Inc., Managing Editor.***

- Coordinated all aspects of putting the daily paper together
- Supervising a staff of 12 editorial people
- Was responsible for updating the paper starting front-page color photos
- Changed layout of the paper to make it more modular in design, adding political columns, travel page, farm page and a Saturday in-depth page.

### ***The Beaman Home Shelter, Public Relations Board Chairman (volunteer).***

- Educated the community about domestic violence through media relations, speaking engagements and educational seminars
- Worked with county officials about the problem of domestic violence
- Assisted with community funding projects for the shelter

### ***Warsaw Times-Union, Political Reporter/Associate Editor.***

- Covered all government and political meetings and functions in the community
- Started a political column as well as making countless changes to local coverage
- Was responsible for in-depth stories, including photo-stories
- Co-hosted a live-political radio-show for **WRSW-FM**.  
(*This was a half hour political show. WRSW is a sister-media to the Times-Union.*)

### **The Papers, Inc., Reporter/Photographer.**

- Changed the newspapers format to news and moved it away from a heavy features style
- Made county meetings schedules, lists of county officials; and handled all legal editorial contacts
- Covered police and courts, as well as one school corporation
- Coordinated a number of special editions including the 1987 **State Fair Award** winning Farm-Tabloid.

### **RESEARCH**

*Dissertation Research, Ball State University, Muncie, IN.  
August 2000 – June 2001*

Completed research process in preparation for completion of Ed. D. Research focused on Qualitative Analysis of Chemically Recovering Persons Who Were Raised in Alcoholic Families and Their Perceptions of Treatment Plans.

*Indiana Coalition Against Domestic Violence, Intensive Grant Research, Indpls., IN  
May 1996 – August 1996*

Participated in Mental Health, Addictions and the Domestic Violence Connections research needed to create a funding grant for domestic violence advocates. The S.T.O.P. federal grant has brought in more than \$400,000 for Indiana education and training programs. It is a grant that I am a part of rewriting and resubmitting each year.

### **PUBLICATIONS AND PRESENTATIONS**

"Working with Cognitive Dysfunction in clients with PTSD, Dissociative Disorder and Learning Disabilities" ICADV Training Series, Indianapolis, IN, June 2007

"Working with Addicted Clients through Systemic Techniques," ICAADA Training Series, Indianapolis, IN, August 2006

"Chronic Shock: Who Will Help the Children," Domestic Violence & Sexual Assault Training Series, Evansville, IN, December 2005.

"Children Raised in Family Addictions," 2005 Fulton Conference, Indianapolis, IN, September 2005.

"The Dangers of Methamphetamine," Mental Health Training Series, Terre Haute, IN, August 2005.

"Addiction and Domestic Violence: A View from the Child's Side" Breaking the Cycle Conference, Prevention of Child Abuse, Indianapolis, IN, March 2003.

"The Link Between Substance Abuse and Domestic Violence," Vanderburgh County Wrap Around Services Training Series, Evansville, IN, September 2002.

"What Addictions Actually Looks Like," Many Voices One Vision; The Movement for Change Conference, Indianapolis, In, August 2002.

"Working with Clients with Mental Illness," Ending Sexual Assault & Domestic Violence Conference: The Missing Peace, Lexington, KY, December 2001.

"Eating Disorders in Children; the killing facts!" Living in A Peaceful Community, 19th Annual Fall Conference, Indianapolis, IN, October 2001.

"Battered Person Syndrome as a legal Defense," Indiana Legal Services Training Series, Indianapolis, IN, September 2001.

"Multi/Poly-Substance Abuse Training," Surviving Violence Conference, Indiana Criminal Justice Institute, Indianapolis, IN, September 2001.

"PTSD, Victims in the System," Legislative Service Organization Professional Training Series, Indianapolis, IN, September 2001

"Dually Diagnosed Clients: concrete ways to assist them," Tools for the Future Conference, Indianapolis, IN, October 2000.

"Working with Victims Raised in Chemically Addicted Homes," Victims' Rights Conference, NOVA, Miami, FL, July 2000.

"Monster on the Inside Track: Children Growing up with a Chemically Addicted Parent," Two Days in May, Attorney General's Conference on Victim Assistance, Columbus, Ohio, May 2000.

"All in the Family - Dynamics, Roles and Interventions," Change is Possible, Breaking the Cycle XXII Conference, Columbus, IN, April 2000.

"Domestic Violence: Where Do We Begin," Professional Development Series, Indianapolis, IN, November 1999.

"Children of Chemically Dependent Parents," Acorn to Oak: Realizing our Potential Conference, Indianapolis, IN, October 1999.

"Monster on the Inside Track: Roles in Families with Addictions," NOVA Conference, Los Angeles, CA, August 1999.

## **HONORS AND ACTIVITIES**

- 2000 Slated as Republican Candidate for the Indiana House of Representatives
- 1998 Slated as Republican Candidate for the Indiana House of Representatives
- Voted to Who's Who in American Universities
- Founding Member of the Indiana Addictions Issues Coalition
- 2000 - present: Executive board member of Mental Health of America
- 1996 - 2005: Certified HIV/AIDS educational instructor
- 1999 - 2005: Chairman, Indiana Addictions Issues Coalition
- 1994 -1998: Monthly travel writer for the Indianapolis Star.
- 1996 - 1998: Monthly health column for Indianapolis Register.
- 1996 -1998: Trustee, Indiana Coalition Against Domestic Violence
- 1994 - present: Rocky Ripple Town Council member

## **PROFESSIONAL AFFILIATIONS**

Indiana Professional Licensing Agency – Governor Appointed Board Member

Mental Health America of Indiana – Chairman of the Board (board member for 8 years)

American Association of Marriage and Family Therapist, clinical member

ICCADA certified member of Addictions Counseling

NADAC certified member of Addictions Counseling

## **SKILLS**

I have an extensive background in developing and implementing leadership and community service programs, research, problem solving, leadership of groups committed to social change and making critical judgments. In addition, I have grant writing experience and was a contributing author to more than 30 funded grants.