

---

# Graduate Counseling

---

## Mission Statement

The Division of Graduate Counseling is dedicated to training high quality professionals who are competent to work with diverse populations within their area of specialization. The faculty is dedicated to training and mentoring students within an integrated understanding of Christian faith and professional practice with emphasis on student academic, professional, and cultural competence.

## Program Descriptions

The Master of Arts degree with majors in Counseling prepares counselors who are able to integrate their Christian faith and values with integrity in their practice of counseling. Graduates of the program will be prepared to provide professional service to public agencies, churches, educational settings, para-church organizations, and business and industry settings. To that end, the graduate counseling program offers the following objectives:

1. Students will demonstrate mastery of comprehensive counseling curriculum.
2. Students will demonstrate competence in reading, interpreting, evaluating, and applying scholarly research.
3. Students will demonstrate clinical proficiency.
4. Students will demonstrate multicultural awareness in clinical practice.
5. Students will demonstrate professional integrity.
6. Students will demonstrate an ability to integrate faith with the counseling profession.
7. Students will demonstrate proficiency in communication skills.
8. Students will demonstrate proficiency in their selected area of specialization.

The Clinical Mental Health Counseling, Marriage and Family Counseling/Therapy, and School Counseling programs at Indiana Wesleyan University are accredited by the Council for Accreditation of Counseling and Related Educational Programs (CACREP) (5999 Stevenson Ave, Alexandria, VA 22304, 703-823-9800). CACREP is an independent agency recognized by the Council for Higher Education Accreditation to accredit masters and doctoral degree programs in the counseling-related professions. The accreditation runs through October 31, 2013. (Note: The Clinical Mental Health Counseling program is currently accredited under the 2001 standards for Community Counseling as a Community Counseling program. The current curriculum is designed to meet the 2009 standards, which combined Community Counseling and Mental Health Standards into standards for Clinical Mental Health Counseling programs). The Division of Graduate Counseling intends to seek accreditation for its Clinical Mental Health Counseling program and the Marriage and Family Counseling/Therapy when it comes up for reaccreditation, per CACREP guidelines.

The Community Counseling program requires the completion of 48 semester hours, the Clinical Mental Health Counseling program requires 60 semester hours, the Marriage and Family Counseling/Therapy Program requires 60 semester hours, and the School Counseling Program requires 48 semester hours. All majors require a supervised practicum and internships. The 60-hour programs meet the requirements for Licensed Mental Health Counselor or Licensed Marriage and Family Therapist in Indiana. The School Counseling Program is approved by the Indiana Professional Standards Board.

The Division of Graduate Counseling also offers majors in Addictions Counseling and Student Development Counseling and Administration. The purpose and goal of the Addictions Counseling major is to educate students and returning professionals in the competency and practice of addictions sciences. This major seeks to be a world-class program of "science to service" with a relevant Christian perspective of hope and healing. The program has been granted Provider Status by the National Association of Alcohol and Drug Abuse Counselors (NAADAC) and the NAADAC State affiliate, the Indiana Association for Addiction Professionals (IAAP). Upon completion of the degree, students will be eligible to take the NAADAC/IAAP exam for the national Master Addiction Counselor (MAC) and state Indiana Certified Addictions Counselor I or II (ICAC I, II) certification.

The M.A. in Student Development Counseling and Administration prepares students for careers in the Student Development professions in the settings of higher education. The program uses a student-focused approach by applying counseling skills and techniques in order to build and maintain life-impacting relationships with college students. The program follows the Professional Competency Areas for Student Affairs Practitioners established by the ACPA (College Student Educators International) and NASPA (Student Affairs Administrators in Higher Education) Associations. This program can be completed entirely online or in combination with available onsite courses on the Marion and Indianapolis-West campuses.

Students with a master's degree with a major in counseling who do not meet the requirements for Indiana state licensure may complete the academic requirements through Indiana Wesleyan University's Graduate Counseling Program. Those interested in this option should call 765-677-2855 or 800-895-0036 for more information.

### **Admission to Graduate Studies in Counseling**

The admission requirements are:\*

1. A baccalaureate degree from an accredited college or university, or an institution accredited by the Association for Biblical Higher Education.
2. An undergraduate grade point average of at least 3.0 on a 4.0 scale from the baccalaureate degree granting institution at which at least a minimum of 30 hours was completed.
3. Six semester hours in undergraduate psychology of which three semester hours must be in Abnormal Psychology.
4. Six semester hours in Bible (Old and New Testament). Students may take any of the undergraduate courses at Indiana Wesleyan University and be admitted on a conditional basis until all prerequisites are satisfactorily completed.
5. Graduate Record Exam (GRE) taken within five years of application to the program. A typewritten autobiography, philosophy of counseling, and supplemental application. Overall score of 293/1000 (new/old scoring) (V + Q) strongly preferred; Verbal (V) score of at least 146/400 (new/old scoring) is required. Successful graduate coursework may be substituted for the GRE.
6. An official transcript from each undergraduate and graduate institution attended.
7. Three recommendations – at least one from a professor and one from a supervisor/professional.
8. Applicants whose application documents demonstrate potential for success in the Graduate Program in Counseling will participate in a personal interview.

\*The graduate admissions committee retains the right to waive an admission requirement for special circumstances.

### **Prerequisites for Graduate Studies in Counseling**

The following prerequisites must be completed before completing 12 semester hours of counseling courses:

1. Six semester hours in undergraduate psychology of which three semester hours must be in Abnormal Psychology.
2. Six semester hours in Bible (Old and New Testament).
3. Students may take any of the undergraduate courses at Indiana Wesleyan University and be admitted on a conditional basis until all prerequisites are satisfactorily completed.

### **Program Requirements for Graduate Studies in Counseling**

Students are evaluated by faculty upon completion of their initial nine hours of graduate study. This evaluation includes: current GPA, written and communication skills, and overall style of interactions with faculty, staff, and peers within the program. In addition, students are evaluated by a core faculty member at the end of the practicum class. This evaluation includes: ability to perform a basic listening skills sequence and establishment of therapeutic relationships, appropriate responses to supervision, and basic conceptualization of clients in their caseloads. Students are evaluated again during their final internship. This evaluation includes: evaluation of the student's counseling skills including assessment, diagnosis, and treatment of clients, record keeping, information and referral, and familiarity with professional activities and resources. These evaluations are used to identify specific strengths and weakness and readiness to enter the counseling field.

To remain in good standing within the program, students are expected to maintain specific academic and professional standards. Students must maintain a cumulative GPA of at least 3.0. Students whose cumulative GPA falls below 3.0 will be placed on academic probation. Furthermore, students may be suspended from the program if their cumulative GPA is not 3.0 or above upon completion of the following semester.

Students may choose to not register for one semester and remain in good standing. However, if a student does not register for two or more consecutive semesters, he or she will be considered inactive. In such cases, students must seek readmission in order to resume work in the program.

Coursework, practica, and internships provide both students and faculty opportunities to determine "professional goodness-of-fit." In addition to assessing academic performance, faculty utilize these times to evaluate students' suitability for the counseling profession. Students who do not possess characteristics deemed as essential for counselors will be asked to develop, in collaboration with faculty, remedial plans of correction. Such plans might include referrals for individual counseling to address specific identified issues. In cases where remedial plans are unsuccessful or inappropriate, the student will be asked to withdraw from the program. In such cases, career services will be made available to assist such persons in finding a more appropriate vocational direction.

Students admitted to the Graduate Studies in Counseling at Indiana Wesleyan University are expected to behave in a professional and ethical manner. Failure to conform to acceptable standards of behavior in classes, practica, or internships is considered cause for dismissal from the program. Once admitted to the program, non-academic cause for dismissal includes, but is not limited to:

1. Behavior that is prohibited under the ethical standards and practices of the American Counseling Association (ACA), American Mental Health Counselors Association (AMHCA), NAADAC/IAAP, American Association of Marriage and Family Therapy (AAMFT), American Association of Christian Counselors (AACC), and/or the Counselor Licensure laws in the State of Indiana.
2. Indecent or malicious behavior and disrespect directed toward instructors, supervisors, administrators, or fellow students; use of profanity or verbal/physical intimidation toward others; failure to follow reasonable instructions; or any form of sexual harassment.
3. Use of deceit or fraud, academic or otherwise, to gain admission to or in any activity within the program.
4. Conviction of a felony or of an offense involving possession, sale, or consumption of a controlled substance.
5. Conviction for a misdemeanor offense committed during or related to the practice of any counseling procedure or activity.
6. Conviction of an offense involving sexual transgression.
7. Behavior that violates one of the lifestyle expectations of the university.

### **Programs in Graduate Studies in Counseling**

All students who obtain a Master of Arts degree with a major in Counseling from Indiana Wesleyan University must complete either 48 or 60 hours of study. Students who major in Student Development Counseling and Administration are required to complete a minimum of 36 hours of study. For the majors in Addictions Counseling, Community Counseling, and School Counseling, 48 semester hours of graduate studies are required. Sixty semester hours of graduate studies are required for completion of the Clinical Mental Health Counseling and Marriage and Family Counseling/Therapy. Programs of study in the majors of Clinical Mental Health Counseling, Marriage and Family Counseling/Therapy, and School Counseling consist of the following components: core courses, clinical experiences, and specialization courses. In contrast, the program of study in Addictions Counseling consists of a unique set of core courses as well as clinical experiences. Each of these programs of study is described in greater detail below.

### **Admission to Student Development Counseling and Administration**

The admission requirements are:\*

1. A baccalaureate degree from an accredited college or university, or an institution accredited by the Association for Biblical Higher Education.
2. An undergraduate grade point average of at least 3.0 on a 4.0 scale from the baccalaureate degree granting institution at which at least a minimum of 30 hours was completed.
3. Six semester hours in psychology of which three semester hours must be in Life-Span Development.
4. Six semester hours in Bible (Old and New Testament). Students may take any of the undergraduate courses at Indiana Wesleyan University and be admitted on a conditional basis until all prerequisites are satisfactorily completed.
5. Graduate Record Exam (GRE) taken within five years of application to the program. Overall score of 1000 (V + Q) strongly preferred; Verbal (V) score of at least 400 is required.
6. A typewritten autobiography, philosophy of counseling, and supplemental application.
7. An official transcript from each undergraduate and graduate institution attended.
8. Three recommendations – at least one from a professor and one from a supervisor/professional.
9. Applicants whose application documents demonstrate potential for success in the Student Development Counseling and Administration will participate in a personal interview.

\*The graduate admissions committee retains the right to waive an admission requirement for special circumstances. GRE scores must be no older than five years. Successful graduate coursework may be substituted for the GRE.

### **Prerequisites for Student Development Counseling and Administration**

The following prerequisites must be completed before completing 12 semester hours of counseling courses:

1. Six semester hours in Psychology which must include three hours in Life-Span Development.
2. Six semester hours in Bible (Old and New Testament). Students may take any of the undergraduate required courses at Indiana Wesleyan University.

### **Program Requirements**

## Addictions Counseling

<b>Core Courses</b>		
CNS-511	Issues in Addiction and Recovery	3
CNS-535	Theories and Treatment of Addiction	3
CNS-502	Multicultural Counseling	3
CNS-503	Theory and Techniques in the Helping Relationship	3
CNS-504	Theory and Techniques in Group Counseling	3
CNS-506	Appraisal of Individuals and Families	3
CNS-507	Research and Evaluation of Methods and Practice	3
CNS-508	Legal, Ethical, and Professional Issues	3
CNS-509	Integration of the Theory and Practice of Christian Counseling	3
CNS-512	Psychopharmacology	3
CNS-533	Psychopathology	3
CNS-545	Counseling Addicted Families	3
<b>Clinical Experiences</b>		
CNS-550	Counseling Practicum	3
CNS-551, 552	Supervised Internship	6
	Elective	3
<b>TOTAL</b>		<b>48</b>

\*For fulfillment of the academic requirements for LMHC licensure in the state of Indiana, the following additional courses must be successfully completed: CNS-501, CNS-505, CNS-522, CNS-523, and CNS-554.

Course descriptions are available through the Course Description Lookup.

## Community Counseling

<b>Core Courses</b>		
CNS-501	Human Growth and Development	3
CNS-502	Multicultural Counseling	3
CNS-503	Theory and Techniques in the Helping Relationship	3
CNS-504	Theory and Techniques in Group Counseling	3
CNS-505	Theory and Techniques in Career Counseling	3
CNS-506	Appraisal of Individuals and Families	3
CNS-507	Research and Evaluation of Methods and Practice	3
CNS-508	Legal, Ethical, and Professional Issues	3
CNS-509	Integration of the Theory and Practice of Christian Counseling	3
<b>Clinical Experiences</b>		
CNS-550	Counseling Practicum	3

CNS-551, 552	Supervised Internships	6
<b>Specialization Courses</b>		
CNS-522	Foundations in Clinical Mental Health Counseling	3
CNS-523	Clinical Mental Health Assessment and Intervention	3
	Electives	6
<b>TOTAL</b>		<b>48</b>

Course descriptions are available through the Course Description Lookup.

\*Please note that this degree does not prepare the student for licensure in Indiana. It is primarily for the student who desires a master's degree in counseling but does not need to be licensed.

## Clinical Mental Health Counseling

<b>Core Courses</b>		
CNS-501	Human Growth and Development	3
CNS-502	Multicultural Counseling	3
CNS-503	Theory and Techniques in the Helping Relationship	3
CNS-504	Theory and Techniques in Group Counseling	3
CNS-505	Theory and Techniques in Career Counseling	3
CNS-506	Appraisal of Individuals and Families	3
CNS-507	Research and Evaluation of Methods and Practice	3
CNS-508	Legal, Ethical, and Professional Issues	3
CNS-509	Integration of the Theory and Practice of Christian Counseling	3
<b>Clinical Experiences</b>		
CNS-550	Counseling Practicum	3
CNS-551, 552, 554	Supervised Internships	9
<b>Specialization Courses</b>		
CNS-511	Issues in Addiction Recovery	3
CNS-512	Psychopharmacology	3
CNS-522	Foundations in Clinical Mental Health Counseling	3
CNS-523	Clinical Mental Health Assessment and Intervention	3
CNS-524	Ecological Counseling and Prevention	3
CNS-533	Psychopathology	3
	Electives	3
<b>TOTAL</b>		<b>60</b>

Course descriptions are available through the Course Description Lookup.

## Marriage and Family Counseling/Therapy

<b>Core Courses</b>		
CNS-501	Human Growth and Development	3
CNS-502	Multicultural Counseling	3
CNS-503	Theory and Techniques in the Helping Relationship	3
CNS-504	Theory and Techniques in Group Counseling	3
CNS-505	Theory and Techniques in Career Counseling	3
CNS-506	Appraisal of Individuals and Families	3
CNS-507	Research and Evaluation of Methods and Practice	3
CNS-508	Legal, Ethical, and Professional Issues	3
CNS-509	Integration of the Theory and Practice of Christian Counseling	3
<b>Clinical Experiences</b>		
CNS-550	Counseling Practicum	3
CNS-551, 552, 554	Supervised Internships	9
<b>Specialization Courses</b>		
CNS-520	Sexuality, Intimacy, and Gender	3
CNS-533	Psychopathology	3
CNS-541	Foundations of Marriage and Family Therapy	3
CNS-542	Major Models of MFT I: Theory, Assessment and Application	3
CNS-543	Major Models of MFT II: Theory, Assessment, and Application	3
CNS-546	Major Models of MFT III: Theory, Assessment, and Application	3
	Electives	3
<b>TOTAL</b>		<b>60</b>

Course descriptions are available through the Course Description Lookup.

## School Counseling

<b>Core Courses</b>		
CNS-501	Human Growth and Development	3
CNS-502	Multicultural Counseling	3
CNS-503	Theory and Techniques in the Helping Relationship	3
CNS-504	Theory and Techniques in Group Counseling	3

CNS-505	Theory and Techniques in Career Counseling	3
CNS-506	Appraisal of Individuals and Families	3
CNS-507	Research and Evaluation of Methods and Practice	3
CNS-508	Legal, Ethical, and Professional Issues	3
CNS-509	Integration of the Theory and Practice of Christian Counseling	3
<b>Clinical Experiences</b>		
CNS-550	Counseling Practicum	3
CNS-551, 552	Supervised Internships	6
<b>Specialization Courses</b>		
CNS-519	Theories and Techniques of School Counseling I	3
CNS-527	Child and Adolescent Development and Treatment	3
CNS-529	Theories and Techniques of School Counseling II	3
	Electives	3
<b>TOTAL</b>		<b>48</b>

Course descriptions are available through the Course Description Lookup.

## Student Development Counseling and Administration

SDC-509	Administration and Finance in Higher Education	3
SDC-510	The College Student	3
SDC-501	History of Higher Education	2
SDC-525	Special Topics in Student Life Administration	3
SDC-508	Legal and Ethical Issues in Student Development	2
CNS-502	Multicultural Counseling	3
CNS-503	Theory and Techniques in the in Helping Relationship	3
CNS-504	Theory and Techniques in Group Counseling	3
SDC-505	Career Counseling for Student Development	2
CNS-506	Appraisal of Individuals	3
SDC-551	Supervised Internship - Student Development	3
SDC-552	Supervised Internship - Student Development	3
CNS-507	Research and Evaluation of Methods and Practice	3
<b>TOTAL</b>		<b>36</b>

Course descriptions are available through the Course Description Lookup.

## Certificate Programs

The Graduate Studies in Counseling programs offer certificates to persons seeking specialized academic preparation in one of the major areas of study offered by the program, but who do not desire or require degree completion at Indiana Wesleyan University.

### Objectives of Certificate programs:

1. Students will demonstrate proficiency in their selected area of specialization (e.g., School Counseling, Clinical Mental Health Counseling, Addictions Counseling, Marriage and Family Counseling/Therapy);
2. Student meets learning objectives specified in his/her plan of study.

## Addictions Counseling Certificate

An Addictions Counseling Certificate is available for students presently enrolled in non-IWU graduate counseling programs and whose program does not offer sufficient coursework in addictions counseling. Such students can enroll in the Addictions Certificate Program and obtain specialized training in addictions counseling to enhance their academic training to better meet their professional goals.

### Admission Requirements for Addictions Counseling Certificate include:

1. A baccalaureate degree from an accredited college or university, or an institution accredited by the Association for Biblical Higher Education.
2. An undergraduate GPA of at least 3.0 on a 4.0 scale from the baccalaureate degree granting institution at which at least a minimum of 30 semester hours was completed.
3. A completed application form for admission to the IWU Graduate Studies in Counseling Certificate Program.
4. If graduate work has been attempted, all transcripts must be submitted, and a minimum GPA of 3.0 earned.
5. A letter clearly stating reason(s) for seeking admission into the certificate program.
6. In those cases where the applicant is seeking to fulfill requirements for any licensure/certification, identification of a specific plan of study for any license/certification process is the responsibility of the applicant.

### Exit Requirements include:

1. Successful completion of all coursework identified on certificate plan of study.
2. All course grades at or above level of "C+."
3. Overall cumulative GPA of 3.0.

### Addictions Counseling Certificate - required courses:

CNS-511	Issues in Addiction Recovery	3
CNS-512	Psychopharmacology	3
CNS-533	Psychopathology	3
CNS-535	Theories and Treatment of Addiction	3
CNS-545	Counseling Addicted Families	3



## Post Master's Certificate

### Post Master Certificate

This certificate is for persons who have already attained a Master of Arts degree in a counseling-related program, but whose degree program and/or post-graduate clinical experiences do not meet specific state licensure or national certification requirements. In such cases, program faculty collaborate with the student to develop a specific program of study that seeks to fulfill the identified academic requirements. It is the responsibility of the student to provide evidence identifying the specific academic content or coursework required by the particular credentialing entity. This evidence is typically discovered through the student's consultation with the particular licensure/certification board.

### Admission Requirements include:

1. A master's degree from an accredited college or university, or an institution accredited by the Association for Biblical Higher Education.
2. A graduate GPA of at least 3.0 on a 4.0 scale from the graduate degree granting institution at which at least a minimum of 30 semester hours was completed.
3. A completed application form for admission to the IWU Graduate Studies in Counseling Certificate Program.
4. A letter clearly stating reason(s) for seeking admission into the certificate program.
5. In those cases where the applicant is seeking to fulfill requirements for any licensure/certification, identification of a specific plan of study for any license/certification process is the responsibility of the applicant.

### Exit Requirements include:

1. Successful completion of all coursework identified on certificate plan of study.
2. All course grades at or above level of "C+."
3. Overall cumulative GPA of 3.0.