

Mary E. Jacobs, MA, LAT, ATC, CSCS, CKTP

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Education

Master of Arts in Physical Education – Athletic Training

Western Michigan University – Kalamazoo, Michigan
Degree Received: June 1996

Bachelor of Science in Kinesiology – Athletic Training

Indiana University – Bloomington, Indiana
Degree Received: June 1995

Professional Experience

August 2004
to present

Indiana Wesleyan University – Marion, Indiana

Assistant Professor

- Professor for the following courses: Cardiopulmonary Resuscitation, Therapeutic Modalities, Therapeutic Exercise and Rehabilitation, and multiple Athletic Training clinical, practicum, and seminar courses.
- Approved Clinical Instructor responsible for supervision of Athletic Training Students, and assisting with day to day operation of the Athletic Training Education Program.

Head Athletic Trainer

- Responsible for overseeing the athletic training coverage provided to the student-athletes at IWU, and for marrying that with the needs of the Athletic Training Education Program. Coordinates the scheduling of clinical rotation assignment for athletic training students.
- Maintains the budget for athletic training supplies, as well as the inventory of those supplies.
- Currently responsible for coverage of the women's soccer and softball intercollegiate athletic teams. From 2004 – 2007, was responsible for women's basketball in addition to the soccer and softball teams.
- Served as the Associate Athletic Trainer before being promoted to the Head Athletic Trainer effective July 2009.

August 2000
to August 2004

Rezin Orthopedics / Vital Care Physical Therapy – Ottawa, Illinois

Licensed Athletic Trainer

- Maintained an independent schedule of patients in an orthopedic physical therapy center with other healthcare professionals caring for the needs of the general public.

August 2000
to August 2004

Streator Township High School – Streator, Illinois

Licensed Athletic Trainer

- Responsible for daily athletic training room operations, budgeting and supply ordering, instructing and supervising student athletic trainers, injury evaluations and rehabilitation, practice coverage, home/away football event coverage, and home event coverage for all levels of the 15 remaining interscholastic sports.

August 1996
to August 2000

Wes-Del High School – Gaston, Indiana

Licensed Athletic Trainer

- Provided weekly injury evaluations and reevaluations, designed rehabilitation programs, and provided home/away event coverage for most of the 11 interscholastic sports. Responsible for the budget and the ordering of supplies.

December 1996
to August 2000

CHS HealthStrategies – Muncie, Indiana
Licensed Athletic Trainer

- Worked in a hospital outpatient rehabilitation clinic working with other healthcare professionals in the rehabilitation of the recreational, athletic, and industrial populations.
- Through November 1997, was responsible for the daily operations of a satellite clinic concurrently with a physical therapist. After that time, joined the Industrial Rehabilitation team and was responsible for own schedule of patients with work related or worker compensation injuries, and work conditioning/hardening patients.

March 1997
to May 1998

Central Indiana Orthopedics – New Castle, Indiana
Certified Athletic Trainer

- Weekend coverage of satellite clinic with the same responsibilities as performed at the Muncie clinic.

July 1996
to December 1996

Central Indiana Orthopedics & Sports Medicine – Muncie, Indiana
Certified Athletic Trainer

- Responsible for initial injury evaluations, patient guidance and counseling, education of home rehabilitation, applying casts/splints, liaison between physicians and patients, and record keeping.

July 1995
to June 1996

Western Michigan University – Kalamazoo, Michigan
Graduate Assistant Athletic Trainer

- Head athletic trainer for Otsego High School – Otsego, Michigan
- Independent experience with 20 interscholastic sports in the high school setting
- Acted as nutritional liaison between the high school and the state of Michigan, especially during the wrestling season

Professional Memberships

National Athletic Trainers' Association
Great Lake Athletic Trainers' Association
Indiana Athletic Trainers' Association
National Strength and Conditioning Association
The Kinesio Taping Association

Professional Certifications

1995 NATA Board of Certification – certification number 079502558
1997 ASTYM -- Augmented Soft Tissue Mobilization Approved Clinician
1999 Indiana Health Profession Bureau Licensure – license number 36000359A
2005 NSCA Certified Strength and Conditioning Specialist – certification number 200526799
2008 Kinesio Taping Association – Certified Kinesio Taping Practitioner (CKTP)

Instructor Certifications

CPR Instructor – American Heart Association
AED Instructor – American Heart Association

Guest Lecturer / Lab Instructor

2006-2010

Ivy Tech Community College – Muncie, Indiana
Physical Therapy Assistant Program

- Instruct PTA students in McConnell taping for the patella, ankle taping, and arch taping

Continuing Education:

- 2009 IATA Fall Sports Medicine Symposium – Indianapolis, IN
- 2009 Functional Movement & Core Training System with Gray Cook – Indianapolis, IN
- 2009 Enhancing Treatment Outcomes with Therapeutic Modalities: Electrotherapy & Ultrasound with David Draper – Indianapolis, IN
- 2008 Kinesio Taping Seminar – KT1 Fundamental, KT2 Advanced, KT3 Advanced – Kokomo, IN
- 2007 Vern Gambetta's Building the Athlete from the Ground Up – Muncie, IN
- 2007 Management of Potentially Catastrophic Head & Neck Injuries in Athletics – Sports Medicine Concepts Home Study Course
- 2007 Non-Catastrophic Cervical Spine Injuries – NATA Home Study Course
- 2006 Perform Better Functional Training Summit – Long Beach, CA
- 2005 NATA Annual Symposium – Indianapolis, IN
- 2004 Concussion Seminar sponsored by the IATA – Lockport, IL
- 2004 NSCA Examination Preparation Course – Elk Grove Village, IL
- 2003 Evaluation and Treatment of Commonly Occurring Hand Injuries – Bloomington, IL
- 2002 Chain Reaction Explosion with Gary Gray – Chicago, IL
- 2002 Concussion Seminar sponsored by the IATA – Lockport, IL
- 2001 Applied Techniques of Manual Therapy, Cervical and Thoracic Mobilization – Chicago, IL
- 2001 Applied Techniques of Manual Therapy, The Basics of Lumbar and Sacroiliac Mobilization – Chicago, IL
- 2000 NATA Annual Symposium – Nashville, TN
- 2000 Functional Rehabilitation with Juan Carlos Santana – Muncie, IN
- 1999 A Biomechanical Approach to Foot Orthoses – Muncie, IN
- 1999 Baltimore Therapeutic Equipment (BTE) Applications in Rehabilitation – Indianapolis, IN
- 1999 Perform Better & M-F Athletic Company Functional Training Series – Columbus, OH
- 1998 Back to Golf – Orlando, FL
- 1997 Vern Gambetta's Building & Rebuilding the Complete Athlete – Chicago, IL
- 1997 Concussion & Safety on the Field – Merrillville, IN
- 1997 Current Concepts in C-Spine Injuries – Indianapolis, IN
- 1997 Performance Dynamics System of Augmented Soft Tissue Mobilization (ASTYM) Upper and Lower Extremity, Pelvis and Back – Muncie, IN
- 1996 NATA Annual Symposium – Orlando, FL