

VITA

Keith A. Puffer
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EDUCATION

- 1993-1998 DOCTOR OF PHILOSOPHY: Counseling
 Purdue University, West Lafayette, Indiana.
- 1989-1991 MASTER OF ARTS: Counseling Psychology
 Trinity International University, Deerfield, Illinois.
- 1986-1990 MASTER OF ARTS: Theological Studies
 International School of Theology, San Bernardino,
 California.
- 1975-1979 BACHELOR OF SCIENCE: Zoology
 Michigan State University, East Lansing, Michigan.

CLINICAL EXPERIENCE

2/07-present **PART-TIME COUNSELOR:** Converse Church, Converse, Indiana.

Conduct individual counseling for adults, adolescents, and children with issues such as depression, anxiety, social phobia, post-traumatic stress, career concerns, divorce recovery, social skill development, sexual abuse, and spiritual growth problems. Collaborative supervision with Budd Teare, Ph.D., LMFT.

12/95-1/07 **PART-TIME COUNSELOR:** Wabash Friends Church Counseling Center,
 Wabash, Indiana.

Conduct individual counseling for adults, adolescents, and children with issues such as depression, anxiety, social phobia, post-traumatic stress, career concerns, divorce recovery, social skill development, sexual abuse, and spiritual growth problems. Collaborative and peer supervision with Scott Makin, MA, Daniel Baney, Ph.D., and Budd Teare, Ph.D., LMFT.

11/93-11/95 **PART-TIME COUNSELOR:** South Marion Friends Church, Marion, Indiana.

Conducted individual counseling for adults with issues of depression, career concerns, divorce recovery, social skills development, sexual abuse, grief, and spiritual growth problems. Supervised by Budd Teare, MS.

9/91-4/93 **PART-TIME COUNSELOR:** Center for Student Development, Indiana Wesleyan University, Marion, Indiana.

Counseled college students with issues such as eating disorders, emotional abuse, sexual orientation, sexual addiction, and anger management. Organized an awareness program concerning issues related to dysfunctional families. Created and facilitated a weekly recovery group meeting for students. Supervised by Judy Huffman, Ph.D. and coordinated by Scott Makin, MA.

TEACHING EXPERIENCE

9/04-present PROFESSOR OF PSYCHOLOGY. Indiana Wesleyan University, Marion, Indiana.
 9/99-8/04 ASSOCIATE PROFESSOR OF PSYCHOLOGY. Indiana Wesleyan University, Marion, Indiana.
 9/93-8/99 ASSISTANT PROFESSOR OF PSYCHOLOGY. Indiana Wesleyan University, Marion, Indiana.
 8/91-4/93 ADJUNCT INSTRUCTOR OF PSYCHOLOGY. Indiana Wesleyan University, Marion, Indiana.

Instruct undergraduate sections of General Psychology, Developmental Psychology, Child Development, Adolescent Development, Life-Calling and Career Planning Seminar, Integration of Christianity and Psychology, History and Systems, Counseling Theories, Counseling Techniques, Personality, Relationships: Building and Maintaining Healthy Relationships, Addictions Counseling Practicum, and Survey of Community Addiction Services.

Instruct graduate sections of Theory and Techniques of Group Counseling (CNS 504), Supervised Internship CNS (551-554), Pastoral Perspectives on Human Development (MIN 587), and Adolescent Development and Family Systems in Youth Ministry (MIN 593).

Present basic information about five sub-disciplines of psychology to provide an overview of the psychological field, material about human development over the lifespan, childhood years, and adolescent years, information about career planning and development, material about the history of psychology and the major schools of psychology, counseling theories and techniques, group work history, dynamics, and theory, personality theories, principles to strengthen relationships, and information about how psychology can be integrated with one's personal faith with Christ. **Coordinate and supervise** sophomore and senior majors and graduate counselors-in-training in practicum placements with off-campus agencies. **Evaluate** students' academic performance through objective examinations and writing assignments. **Advise** major students in program requirements and future career objectives.

RESEARCH EXPERIENCE

2010---**COLLEGIANS RELIGIOUS DOUBTING AND PROSOCIAL BEHAVIOR:**

Religious doubting has been studied for over 30 years. But, little is known about how healthy is doubting behavior in the context of interpersonal functioning. This study seeks to discover the relationship between doubting behavior and prosocial behavior.

2009---**EMOTIONAL INTELLIGENCE AND VOCATIONAL CHOICE: HOW THE PHENOMENA RELATE FOR RELIGIOUS COLLEGIANS:**

This investigation seeks to expand the sparse literature base on the relationship between emotional intelligence (EI) and collegians' career developmental journey. Toward that goal, I intend to answer three questions. How is emotional intelligence related to the career development of religious collegians? Would higher EI be related to a more clear and stable vocational identity, a more well-defined vocational personality, and minimal career indecision? Which facets of EI are predictive of vocational identity, vocational personality, and career indecision?

2005—**ADOLESCENT RELIGIOUS DOUBTING AND IDENTITY FORMATION:**

Different ideological perspectives about religious doubting spawn controversy and confusion among some Christians. Typically misunderstood as unbelief, doubt is often characterized as dangerous if not outright prohibited by Scripture. This study sought to test whether comprehending religious doubting through the lens of identity formation offers a more nuanced understanding of doubt by taking into account a doubter's identity status and experiences in the formation process. Data was obtained from 604 youth using a questionnaire comprising an identity status and six religiosity measures.

2004—**ESSENTIAL BIBLICAL ASSUMPTIONS ABOUT HUMAN NATURE: A MODEST PROPOSAL:**

In this project, I developed a compendium of seven essential biblical assumptions. It is a modest proposal that lists and describes core beliefs on human nature. It intends to be sufficiently comprehensive offering a thorough view of biblical personhood yet also is appropriately parsimonious so that it is practical.

2002--**RELIGIOUS SOCIALIZATION:**

This project entails looking at how family variables strongly related to religious faith. Applying developmental contextualism to religious faith, I employed structural equation modeling to test this framework and to find the relationships between family relations (e.g., cohesion, attachment, expressiveness), family activities (e.g., moral-religious, recreational, intellectual ones), and religious faith (e.g., spiritual maturity, spiritual well-being, religious orientation).

2000-2002--**ADOLESCENT RELIGIOUS FAITH:**

The adolescent religious faith project has two sections. The first looked at the faith structure that emerges in adolescence using quantitative methodology. Borrowing from Fowler and Warren Heard's ideas, faith was operationalized with six measures (e.g., Religious Doubt Scale, Religious Well-Being, Spiritual Maturity, Religious Orientation Scale, Quest Scale) and then a factor analysis (principal component analysis) was conducted. The second part examined the effects of gender, age, and identity status on adolescent religious faith.

2001 ADULT CHILDREN OF SCHIZOPHRENIC PARENTS: This project sought to discover the relationship between adult children's experiences with schizophrenic parents and the kind of adult attachments they currently create.

1999--LATE LIFE DEPRESSION: This project sought to suggest that the church could operate as an agent of help in the battle against late life depression. A practical program was suggested in the paper.

9/97-5/98 DISSERTATION: A Study of Collegians' Family Activities, Roles, and Interpersonal Relations and Their Vocational Identity, Career Choice Commitment and Decision Making: An Application of the Developmental Contextual Framework. Purdue University, West Lafayette, Indiana.

Tested the empirical validity of developmental contextualism as developed by Fred Vondracek, Richard Lerner, and John Schulenberg by studying the relationship between collegians' family activities, roles, and relations and their vocational identity, career choice commitment, and career decision-making behavior. Supervised by Kevin Kelly, Ph.D., Teri Loughhead, Ph.D., Deb Taub, Ph.D., and Sidney Moon, Ph.D.

1/97-5/97 RESEARCH WRITING PROJECT: Purdue University, pre-requisite for comprehensive examination, West Lafayette, Indiana.

Conducted a research project concerning the relationship between undergraduates' family environment (family relations and roles) and their career development. This entailed crafting a survey, administering the survey, statistically analyzing the results, and crafting a journal manuscript. Supervised by Kevin Kelly, Ph.D., and Deb Taub, Ph.D.

8/95-3/96 RESEARCH PROJECT: Purdue University, EDPS 695 Course, West Lafayette, Indiana.

Conducted a research project concerning the relationship between undergraduates' family environment (family relations and activities) and their career development. This entailed crafting a survey, administering the survey, statistically analyzing the results, and writing a journal article with the project supervisor. Supervised by Kevin Kelly, Ph.D.

PUBLICATIONS

Puffer, K. A. (2009). Revised ---*MIN 593: Adolescent development and family systems*. An online class developed for Adult and Graduate Studies Department of Indiana Wesleyan University.

Puffer, K. A., Pence, K. G., Graverson, T. M., Wolfe, M., Pate, E., & Clegg, S. (2008). Religious doubting and identity formation: Salient predictors of adolescent religious doubt. *Journal of Psychology and Theology*, 36, 270-284.

Puffer, K. A. (Spring, 2007). Yes, Virginia there is such a thing as a good marriage. *The Communicator* (magazine published by Converse Church of Christ).

Puffer, K. A. (2007). Essential biblical assumptions about human nature: A modest proposal. *Journal of Psychology and Christianity*, 26, 45-56.

Puffer, K. A. (2004). *MIN 593: Adolescent development and family systems*. An online class developed for Adult and Graduate Studies Department of Indiana Wesleyan University.

Puffer, K. A., & Miller, K. J. (2001). The church as an agent of help in the battle against late life depression. *Pastoral Psychology*, 50, 125-136.

Fratzke, B. J., & Puffer, K. A. (May, 1999). [Review of the book *Holiness for Hurting People*]. Wesleyan Publishing House—Cross Reference, 1(1), 3.

Puffer, K. A. (1998). *A study of collegians' family activities, roles, and interpersonal relations and their vocational identity, career choice commitment, and decision-making: An Application of the Developmental Contextual framework*. Doctoral dissertation, Purdue University, West Lafayette, IN.

Puffer, K. A. (1990). *The neglect of reproofing behavior between members in small groups in a campus ministry*. Unpublished master's thesis, International School of Theology, San Bernardino, California.

PRESENTATIONS

Puffer, K. A. (February, 2009). Personal development: An afternoon seminar to graduate leadership students at Indiana Wesleyan University.

Puffer, K. A. (May, 2008). *Q & A Session on What Your Kids Need to Know About Sex-in the FamilyMap.org series*. A Sunday morning presentation at Oak Brook Community Church. Kokomo, IN.

Puffer, K. A. & Puffer, W. L. (March, 2008). *Cleaning out your emotional closet: Letting go what holds you back*. Presented at Converse Church of Christ MOPS –evening group. Converse, IN.

Puffer, K. A. (February, 2008). *Adolescent religious doubting: Controversy, confusion, and purposefulness*. Presented at John Wesley Honors College—Faculty Lecture Series. Indiana Wesleyan University. Marion, IN.

Puffer, K. A. (December, 2007). *Q & A Session on Biblical Assumptions about Human Nature: A Modest Proposal*. Presented at Psychology Issues Class at Anderson University, Anderson, IN.

Puffer, K. A. (September, 2007). *Presentation of Medallions*. Presented at Fall Academic Convocation—Indiana Wesleyan University. Marion, IN.

Puffer, K. A., & Tice, J. (May, 2007). *Q & A Session on Marriage in High Definition*. Sunday morning presentation at Oak Brook Community Church. Kokomo, IN.

Puffer, K. A. (June-August, 2007). *Boundaries*. Potter's Project—Sunday school class at Converse Church of Christ. Converse, IN.

Puffer, K. A. (September, 2006). *Integration of Faith & Learning*. Presented at New Faculty Class—Indiana Wesleyan University. Marion, IN.

Puffer, K. A., Smith, S., & Arthurs, D. (June, 2006). *Religious Doubt and Identity Formation*. Presented at the ACSND National Conference in Marion, IN.

Puffer, K. A. (June-August, 2006). *Boundaries*. Bereans—Sunday school class at Converse Church of Christ. Converse, IN.

Puffer, K. A. (April, 2006). Commissioning Service Message – Saying Goodbye. Message presented to the graduating seniors in psychology and addiction along with their parents at the Baker Recital Hall in the Phillippe Performing Arts Center. Marion, IN.

Puffer, K. A. (November, 2005). Panel discussant for Homosexuality: A Christian Response. Part of the Fall Colloquium of the Religion/Philosophy Department of IWU, Marion, IN.

Puffer, K. A. (June-August, 2005). *Boundaries*. Lost & Found—Sunday school class at Converse Church of Christ. Converse, IN.

Puffer, K. A. (June-August, 2004). *Boundaries*. Young at Heart—Sunday school class at Converse Church of Christ. Converse, IN.

Boivin, M., Daugherty, D., & Puffer, K. A. (March, 2003). *Sanctification and Cyberporn in the Context of Addiction*. Presented at the SSPWT Conference, Lexington, KY.

Puffer, K. A. (April, 2003). *How to Use the Family Environment Scale*. Message presented to the staff of the Center for LifeCalling and Leadership.

Puffer, K. A. (January, 2003). *Smart Relationships*. Message presented to the RAs of IWU.

Puffer, K. A. (April, 2002). Commissioning Service Message. Message presented to the graduating seniors in psychology and their parents at the Baker Recital Hall in the Phillippe Performing Arts Center.

Huffman, J., Landis, S., & Puffer, K. A. (November, 2001). *Four keys to hope and healing*. Program presented at East New York Wesleyan Church in connection with World Hope International.

Fratzke, B. J., & Puffer, K.A (March, 2001). *From philosophy: Issues of tolerance and truth for Christian counselors*. Presented at the International Conference of Christian Association for Psychological Studies, Richmond, VA.

Puffer, K. A. (November, 2000). *A Response to Mike Boivin's Paper, Can an Individual Experience Faith 'Alone'? A Biopsychological Perspective on Human Emotion and 'Faith' in Salvation*. Presented at the Fall Colloquium of the Religion Department, Marion, IN.

Puffer, K. A., Pence, K., Graverson, M. T., & Wolfe, M. (March, 2000). *Hope for clarity in adolescent faith development: An exploration of discernable differences*. Presented at the International Conference of Christian Association for Psychological Studies, Tulsa, OK.

Kelly, K. R., & Puffer, K. A. (1999, August). Relation of family cohesion, autonomy, and activity to career development. Paper presented at the annual meeting of the American Psychological Association, Boston, MA.

Puffer, K. A. (April, 1999). *Shepherding young adults' occupational socialization*. Presented at the International Conference of Christian Association for Psychological Studies, Colorado Springs, CO.

Puffer, K. A. (November, 1997). *Shame and your identity in Christ*. Program presented as a seminar during the evening service at Lakeview Wesleyan Church, Marion, Indiana.

Puffer, K. A. (September, 1997). *Shame and grace*. Program presented as a seminar during the evening service at Lakeview Wesleyan Church, Marion, Indiana.

Puffer, K. A. (September, 1996). *Grieving gracefully*. Program presented for the Day of Healing at Wabash Friends Church, Wabash, Indiana.

Puffer, K. A. (September, 1996). *Understanding and managing shame*. Program presented for the Day of Healing at Wabash Friends Church, Wabash, Indiana.

Puffer, K.A. (April, 1996). *Career development and family dynamics: How career indecision is related to family relationships*. Presented at the International Conference of Christian Association for Psychological Studies, St. Louis, MO.

Puffer, K. A. (September, 1995). *Dysfunctional families*. Program presented for the Day of Healing at Wabash Friends Church, Wabash, Indiana.

Puffer, K. A. (September, 1995). *Understanding and managing shame*. Program presented for the Day of Healing at Wabash Friends Church, Wabash, Indiana.

Puffer, K. A. (August, 1995). *Grieving gracefully*. Program presented for the Indiana Yearly Meeting at Indiana Wesleyan University, Marion, Indiana.

Puffer, K. A. (September, 1994). *Dysfunctional families*. Program presented for the Day of Healing at Wabash Friends Church, Wabash, Indiana.

Puffer, K. A. (June, 1992). *Ministering to the families of the 90s*. Program presented for the Marion Quarterly Meeting, Jonesboro, Indiana.

HONORS AND AWARDS

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| 1/09 | Marquis Who's Who in America –64 rd edition |
| 6/08 | Marquis Who's Who in America –63 rd edition |
| 2/06 | Who's Who Among America's Teacher – 10 th edition |
| 2/05 | Who's Who Among America's Teacher – 9 th edition |
| 1/04 | Who's Who Among America's Teacher – 8 th edition |
| 2002 | Republican of the Year: The National Republican Congressional Committee |
| 4/00 | Who's Who Among America's Teacher – 6 th edition |
| 1/99 | Nominated for Dissertation Award in the School of Education at Purdue University |
| 6/91 | GRADUATED CUM LAUDE: Trinity International University. |

PROFESSIONAL MEMBERSHIPS

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| 12/06-present | Center for Credentialing & Education. Distance Credentialed Counselor (DCC). |
| 11/00-present | PSI CHI –The National Honor Society in Psychology: entered as professional member. |

- 9/99-present SOCIAL WORKER, MARRIAGE AND FAMILY THERAPIST,
MENTAL HEALTH COUNSELOR BOARD. Licensed Mental Health
Counselor (LMHC).
- 4/97-present NATIONAL BOARD FOR CERTIFIED COUNSELORS, INC:
Nationally Certified Counselor (NCC).
- 9/93-present CHRISTIAN ASSOCIATION FOR PSYCHOLOGICAL STUDIES.
Professional member.
- 12/90-present EVANGELICAL CHURCH ALLIANCE. Ordained minister.
- 9/89-present AMERICAN COUNSELING ASSOCIATION. Student and
professional member.