

Curriculum Vita

PERSONAL DATA

Barbara A. Riggs, Ph.D.

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EDUCATION

- 1985-1988 Purdue University, Ph.D. in Child and Family Studies.
1979-1981 Indiana University, M.S.N. in Maternal-Child Nursing.
1977-1978 University of Evansville, B.S.N.
1973-1975 Bridgewater State College. Liberal arts courses.
1971-1973 Massachusetts Bay Community College, A.S.N.

PROFESSIONAL EXPERIENCE

Employment

- 2006-Present Associate Professor, Indiana Wesleyan University, Marion, IN. Graduate Counseling Department, Indianapolis Campus. Marriage and Family Program Coordinator, Regional Site Director.
- 2003- 2006 Assistant Professor, Indiana Wesleyan University, Marion, IN. Graduate Counseling Department, Indianapolis Campus.
- 2002- 2003 Assistant Professor, half time, Indiana Wesleyan University, Marion, IN. Graduate Counseling Department at the Indianapolis Campus and Marion Campus.
- 2004- Present Marriage and Family Therapist, Eagle Creek Counseling services, Private practice individual, marriage and family therapy.
- 1992-2004 Marriage and Family Therapist, Founder and Director, Eagle Creek Counseling Services, Inc. Indianapolis, IN. Administrator and private practitioner, individual, marriage and family therapy.
- 1999-2002 Adjunct Faculty, Cincinnati Bible College & Seminary, Cincinnati, OH. Newly created Family Studies Department responsible for family life education courses and various family courses.
- 1989-1992 Marriage and Family Therapist, Counseling Center at the Crossing, Indianapolis, IN. Individual, marriage, family and group counseling.
- 1988-1990 Visiting Assistant Professor, Indiana University, Indianapolis, IN. Taught Introduction to Sociology, Marriage and the Family, and a graduate course in Family Transitions.
- 1986 –1988 Nurse Practitioner, Central Indiana Planned Parenthood. Performed yearly physical exams, education and counseling related to women's issues.
- 1986-1988 Graduate Teaching Assistant, Purdue University, West Lafayette, IN. Taught graduate research, a variety of marriage and family courses and functioned as Hospital Supervisor for Child Life Interns.
- 1984-1987 Assistant Professor of Nursing, Indiana University School of Nursing, Indianapolis, IN. Taught theory and clinical component in Obstetrical Nursing. Functioned as Module Coordinator, 1985-1986.
- 1982-1985 Certified Lamaze Childbirth Instructor. Self-employed.

Employment Continued

- 1979-1982 Community Health Nurse, Maternal and Infant Care Project, Indianapolis, IN. Prenatal, postpartum, and pediatric clinics. Expanded role of OB-GYN Practitioner in Dec. 1980.
- 1978 Charge Nurse, Evansville-Vanderburgh County Health Department, Evansville, IN. In charge of daily operations of satellite pediatric clinic.
- 1975 - 1976 Staff Nurse, Welborn Baptist Hospital, Evansville, IN. Maternal child health nursing.
- 1975 Staff Nurse, Boston City Hospital, Boston, MA. High risk maternity nursing.
- 1973 - 1975 Staff Nurse, Brockton Hospital, Brockton, MA. Newborn and intensive care nursery.

Clinical Experience

- 1997-present AAMFT Approved Supervisor. Supervise staff, students and other counselors seeking licensure.
- 1992 -present Marriage and Family Therapist, Eagle Creek Counseling Services, Inc. Indianapolis, IN. Founder of Eagle Creek Counseling Services, Inc. and private practitioner specializing in individual, marriage and family therapy for anxiety, depression, trauma recovery and spiritual issues.
- 1989-1992 Marriage and Family Therapist, Counseling Center at the Crossing. Indianapolis, IN. Individual, marital, and family counseling.

Academic Teaching Experience

- 2009 Counseling Theory and Technique. Graduate level course stressing counseling theories and techniques useful for Pastoral Counselors in counseling relationships. Manila Bible Seminary, Manila, Philippines.
- 2006 Crisis and Trauma Counseling. Five day intensive graduate course taught at Manila Bible Seminary, Manila, Philippines.
- 2005-present Marriage and Family Therapy III. Graduate class covering contextual, developmental, psychodynamic, and other postmodern theories of marriage and family therapy. Indiana Wesleyan University, Indianapolis, IN.
- 2004-present Marriage and Family Therapy II. Graduate class covering theory and practice of solution-focused, cognitive behavioral, emotionally focused, and internal family systems therapy. Indiana Wesleyan University, Indianapolis, IN.
- 2004-present Marriage and Family Therapy I. Graduate class covering theory, and practice in Structural and Strategic family Therapy. Indiana Wesleyan University, Indianapolis, IN.
- 2004 Marriage and Family Therapy Techniques. Graduate level course stressing marriage and family therapy techniques useful for Pastoral Counselors in counseling relationships. Manila Bible Seminary, Manila, Philippines.
- 2003 Research Methods. Graduate class introducing students to a variety of psychological research methods and data analysis. Indiana Wesleyan University, Indianapolis, IN.
- 2003-present Psychopharmacology. Graduate class examining principles of pharmacodynamics and pharmacokinetics with emphasis on psychopharmacological medications. Indiana Wesleyan University, Indianapolis, IN.
- 2003-2004 Practicum. Supervision of students in their first clinical counseling experience.. Indiana Wesleyan University, Indianapolis, IN.
- 2003-present Foundations of Marriage and Family Therapy. Graduate course detailing the history and philosophy of marriage & family counseling including an overview of theories with an emphasis on intergenerational theory. Indiana Wesleyan University, Indianapolis, IN.
- 2003-2005 Multicultural Counseling. Graduate course examining the social and cultural foundations of behavior with emphasis on self exploration of one's own cultural legacy. Indiana Wesleyan University, Indianapolis, IN.
- 2003-present Supervised Internship. University supervision of students providing a variety of counseling related activities. Indiana Wesleyan University, Indianapolis, IN.

Academic Teaching Experience Continued

- 2002 Counseling Theory and Technique. Graduate level course stressing counseling theories and techniques useful for Pastoral Counselors in counseling relationships. Manila Bible Seminary, Manila, Philippines.
- 2002-present Legal, Ethical and Professional Issues. Graduate Class examining professional roles and responsibilities of community counselors and marriage and family therapists including ethical, legal and Biblical standards. Indiana Wesleyan University, Indianapolis, IN.
- 2002-2004 Counseling Theory and Techniques in the Helping Relationship. Graduate class examining counseling theories and basic techniques of counseling. Indiana Wesleyan University, Indianapolis, IN.
- 2002 Family Law & Social Policy. Graduate course examining the impact of laws and social policy on the family. Cincinnati Bible College & Seminary, Cincinnati, OH.
- 2001 Family Life Internship. Supervised graduate internship in Family Life Education Program. Cincinnati Bible College & Seminary, Cincinnati, OH.
- 2000-2002 Marital and Family Distress. Graduate course examining theory, effects and interventions related to normative and catastrophic stress in families. Cincinnati Bible College & Seminary, Cincinnati, OH.
- 2000-2002 Professional Issues. Graduate course examining ethical issues, decision making in families and professional ethics. Cincinnati Bible College & Seminary, Cincinnati, OH.
- 1999-2002 Management of Family Resources. Graduate course examining allocation of time, energy and money in families. Cincinnati Bible College & Seminary, Cincinnati, OH.
- 1989-1990 The Family. Undergraduate family course requiring critical analysis of the inter-relatedness of society and the family. Indiana University, Indianapolis, IN
- 1988-1989 Introduction to Sociology. Undergraduate sociology course with approximate enrollment of 300 students per semester. Indiana University, Indianapolis, IN.
- 1989 Family Transitions Seminar. Upper level undergraduate course examining the transitions of the divorcing family, the single parent family and the stepfamily. Indiana University, Indianapolis, IN.
- 1988 Research in Child Development and Family Studies. Undergraduate overview course of research methods. Purdue University.
- 1987 Research Applications. Graduate research class emphasizing interpretation and use of research. Purdue University.
- 1987 Family Life Education. Undergraduate course examining philosophy, principles, and techniques of family life education. Purdue University.
- 1986 Marriage and the Family. Two semesters as teaching assistant for undergraduate sociology of the family course. Purdue University.

PROFESSIONAL LICENSURE AND AFFILIATIONS

Licensure

Licensed Marriage and Family Therapist, License Number 35001258

Licensed Clinical Social Worker, License Number 34002469

Licensed Mental Health Counselor, License Number 39000937

IN State Registered Nurse, License Number 28064495

Level Two EMDR Certification

Professional Affiliations

AAMFT Clinical Member and Approved Supervisor (American Association for Marriage and Family Therapists)

IAMFT (IN Association for Marriage and Family Therapists) Division President; Chair, Supervision & Training Committee

Professional Affiliations Continued

CAPS (Christian Association for Psychological Studies)

EMDR International Association member

NCFR (National Council on Family Relations)

ACA (American Counseling Association)

Chi Sigma Iota (Honor Society for Counselors)

Sigma Theta Tau (National Honor Society of Nursing)

PRESENTATIONS AND PUBLICATIONS

Publications

1. Riggs, B. and Tweedell, C. (in press) *Marriage and the Family: A Christian Perspective*, 2nd Ed. Marion, IN: Triangle Publishing.
2. Tweedell, C., and Riggs, B. (2006) *Marriage and the Family*. Marion, IN: Triangle Publishing
3. Riggs, B. (1990, Vol. 19, nos. 3/4). Routine-work-related-absence: The effects on families. *Journal of Marriage and Family Review*
4. Riggs, B. (1988, October). [Review of Old loyalties, new ties: Therapeutic strategies with stepfamilies]. *The American Journal of Family Therapy*. Riggs, B. (1989, February).
5. Riggs, B. (1982, March). Keeping Baby Safe. Safety booklet developed and used in parent education in area public health clinics. Indianapolis, IN.

Presentations

1. Riggs, B. (2009) Developmental Perspective of Supervision. Presentation at fall Supervisor Luncheon, Indianapolis, IN.
2. Riggs, B. (2009) Ethical Issues in Clinical Supervision. Presentation at spring Supervisor Luncheon, Indianapolis, IN.
3. Riggs, B. (2009) *Extending Grace to Blended Families*. Presentation at North American Christian Convention, Louisville, KY.
4. Riggs, B. & Snell, F. (2008). *The Impact of Counseling on Individual and Family Hardiness and Resiliency*, Presentation at CAPS Conference, Orlando FL.
5. Riggs, B. (2008) *Nuts and Bolts of Supervision*. Presentation at fall Supervisor Luncheon, Indianapolis, IN.
6. Riggs, B., Douglas, J. & Daniels, S. (2008) *Creating a Positive Workplace*. 1 day seminar presented for Fellowship of Associates of Medical Evangelism, Indianapolis, IN
7. Riggs, B. (2007) *A Developmental Modal of Supervision*. Presentation at the fall Supervisor Luncheon, Indianapolis, IN.
8. Riggs, B. (2007) *Practicing Ethically in a Diverse World*. Seminar at IAMFT fall conference, Indianapolis, IN
9. Riggs, B. (2007) *Ethics in Practice: It Couldn't Happen to Me*. Presentation for IAMFT. Indianapolis, IN.
10. Riggs, B. (2007) *Interpersonal Process Therapy for Individual, Couples and Families*. Workshop session at ICA, Indianapolis, IN
11. Riggs, B. (2006). *Clinical Supervision*. Presentation at the spring Supervisor Luncheon, Indianapolis, IN.
12. Riggs, B. (2006). *AAMFT Supervisor Refresher Course*. Course presented by IAMFT on behalf of AAMFT, Indianapolis, IN
13. Riggs, B., Douglas, J. & Schultze, A. (2006). Team Building. One day team building seminar for Fellowship of Associates for Medical Evangelism. Indianapolis, IN.
14. Riggs, B. & Vance, C. (2006). *Integrating Faith and Psychology: Faculty-Student Relationships*. Workshop session presented at CAPS Conference 2006, Cincinnati, OH.

Presentations Continued

15. Riggs, B. (2005). *AAMFT Supervisor Refresher Course*. Course presented by IAMFT on behalf of AAMFT, Indianapolis, IN.
16. Riggs, B. (2004). *Introduction to EMDR*. Presentation for Chi Sigma Iota, Indiana Wesleyan University, Marion, IN.
17. Riggs, B. (2003) *Raising Great Kids in a Lopsided World*. Workshop presented to North East Christian Church, Indianapolis, IN.
18. Riggs, B. (2002). *Marriage and Family Relationships*. Workshop for Ambassadors for Christ missionary team and Filipino Ministry Team, Davao, Philippines.
19. Riggs, B. (2001) *Healing, Forgiveness and Team Building*. Workshop presented to faculty at Manila Bible Seminary, Manila, Philippines.
20. Riggs, B. (2001) *Team Building and Leadership Training*. Seminar presented to Ambassadors for Christ missionary team and Filipino Ministry Team, Davao, Philippines
21. Riggs, B. *Caring For Your Aging Parent and Yourself*. Six week class developed and taught at Chapel Rock Christian Church, Indianapolis, IN.
22. Riggs, B., Stiers, B. & Ruegsegger, B (1999-2003). *Premarital Weekend*. Marriage preparation program taught quarterly for Chapel Rock Christian Church, Indianapolis, IN.
23. Riggs, B. & Stiers, B. (2000-2003). *Intimate Encounters Marriage Enrichment*. Presented at Chapel Rock Christian Church, Indianapolis, IN.
24. Riggs, B. (2000). *Stress Management*. Workshop at the Pastors Conference, Chapel Rock Christian Church, Indianapolis, IN.
25. Riggs, B. (1999). *Managing Anger in Traumatic Brain Injury*. Presented for traumatic brain injury support group. Rehabilitation Hospital of IN, Indianapolis, IN.
26. Riggs, B. (1999). *Restoring Healthy Relationships Through Respect*. Presented at the North American Christian Convention, Denver, Colorado.
27. Riggs, B. (1998-1999) *Healing A Wounded Church*. Program developed to facilitate healing in troubled churches, Chapel Rock Christian Church, Indianapolis, IN.
28. Riggs, B. (1998). *The PUREly Sexual Woman*. Workshop presented at the National Missionary Convention. Cincinnati, OH.
29. Riggs, B. (1998). *Isolation and Loneliness of At-Home-Moms*. Workshop for Mother's Support Group. Traders Point Christian Church, Indianapolis, IN.
30. Riggs, B. (1996). *The Seasons of Motherhood*. Presented at the Annual Women's Retreat. Second Church of Christ, Danville, IL.
31. Riggs, B. (1995). *The Emotional Ups and Downs of Women*. Presented for Mother's Support Group. Traders Point Christian Church, Indianapolis, IN.
32. Riggs, B. (1995). *Good Mental Health*. Presented for Ladies Night Out. Chapel Rock Christian Church, Indianapolis, IN.
33. Riggs, B. (1994). *Stoking the Hearth Fire...Alone*. Workshop presented at *Hearts At Home*. Chapel Rock Christian Church, Indianapolis, IN.
34. Riggs, B. (1994). *Christian Parenting*. Seven week series presented at Chapel Rock Christian Church, Indianapolis, IN.
35. Riggs, B. (1993). *Parenting in the 90's*. Presented for parenting class on topics of personality development, stepfamily development and children's image of God, Chapel Rock Christian Church, Indianapolis, IN.
36. Riggs, B. (1992). *Couples Communication*. Presented for Chapel Rock Christian Church, Indianapolis, IN.
37. Riggs, B. (1992). *Going Through the Fire: Healing the pain and anger of ministry related hurts*. Presented at the North American Christian Convention, Anaheim, California.
38. Riggs, B. (1988-1992). *Building Strong Stepfamilies*. Stepfamily enrichment workshop presented at various locations in Indianapolis, IN.
39. Riggs, B. (1991). *Healing Ministry Related Hurts*, Presented at a Pastors Wife's Retreat. Brown County, IN,

Presentations Continued

40. Riggs, B. (1991). *Healing Childhood Hurts*. Presented at Chapel Rock Christian Church, Indianapolis, IN.
41. Riggs, B. (1990-1992). *Surviving the After-Effects of Abuse*. Therapy group for adult survivors of abuse. Counseling Center at the Crossing, Indianapolis, IN.
42. Riggs, B. (1990-1999). *Healing the Pains of Divorce*. Presenter at a Divorce Recovery Seminar at various locations in Central IN.
43. Riggs, B. (1988-1990). *STEP*. Co-presented Systematic Training for Effective Parenting with school personnel. Various schools. Indianapolis, IN.
44. Riggs, B. (1988). *Building Strong Families*. Presented at Chapel Rock Christian Church, Indianapolis, IN.

AWARDS, RECOGNITION, AND CIVIC CONTRIBUTION

- Present Assistant Conference Manager, CAPS Conference 2011.
- Present President, Indiana Association for Marriage and Family Therapists, Chair of Supervision and Training Committee since 2005
- 2008- Present Disaster Mental Health Worker for American Red Cross
- 2007-Present Advisory Committee for counseling ministry, Shepherd Community Center, Indianapolis, IN
- 2001- Present Board Member FAME (Fellowship of Associates for Medical), Member of the Executive Committee
- 2007 Volunteer for ACA Virginia Tech, Pro-Bono Counseling Initiative
- 2006 Present Coordinated National Day of Depression Screening using volunteer students
- 1999 – 2004 Board Member Shepherds Heart Prison Ministry
- 1988 David Ross Summer Grant. Fellowship based on scholarly potential and excellence awarded to a doctoral student who has held a teaching appointment.
- 1988 Betty Jackson Student Award. Awarded annually by the IN Council on Family Relations to an outstanding student in Family Studies.

UNIVERSITY CONTRIBUTIONS

- 2003- Present Indianapolis Site Director responsible for administration and operation of the counseling program at the Indianapolis campus.
- 2007- Present MFT Coordinator responsible for administration of the MFT program and preparation for application for COAMFTE Accreditation
- 2008- Present Parish Nursing Task Force. Multidisciplinary taskforce to develop and write curriculum for Parish Nursing Certificate
- 2008-2009 Professional Development Committee. Administrative and faculty committee to revise rank improvement documentation and administration
- 2009 Graduate Assessment Task Force. Multidisciplinary taskforce to develop student learning outcomes/objectives the University mission.

CONFERENCES AND SEMINARS ATTENDED

- 2009 *MFT: The Difference that makes a Difference*. AAMFT International Conference, Sacramento, CA (4 days).
- 2009 *Best Practices for your Practice*. IAMFT fall conference, Indianapolis, IN (1 day).
- 2009 *Internal Family Systems* with Richard Schwartz. IAMFT spring conference, Indianapolis, IN (1 day).
- 2009 *Hope & Healing*. CAPS International Conference. Orlando, FL (4 days)

2008 *Reconnecting, Renegotiating and Recovering*. IAMFT fall conference, Indianapolis, IN, (1 day).

Conferences and Seminars Continued

2008 *Treating Compulsive Disorders*. IAMFT spring conference, Indianapolis, IN (1 day)

2007 *Healing fractured Relationships*. AAMFT National Conference, Long Beach CA (4 days)

2007 *The Art and Attitude of Cultural Competence*, IAMFT Spring Conference, Indianapolis, IN (1 day)

2006 *Celebration: 50 Years of Integrating Christian Faith and Psychology*, CAPS National Conference, Cincinnati, OH, (4 Days)

2006 *Building Bridges, Breaking Barriers* , ICA Conference, Indianapolis, IN, (1 day)

2005 *Relational Therapies Today*, AAMFT National Conference, Kansas City, MO (4 days)

2005 *Internal Family Systems Conference*, Mundelein, IL (2 days)

2005 *Leading the Way in Cutting Edge Marriage and Family Therapy Techniques*, IAMFT Fall Conference, , Indianapolis, IN (1day)

2005 *Using EMDR with Couples*, Evanston, IL (2 days).

2005 *Bully Busters*, IAMFT Spring Conference, Indianapolis, IN (1 day).

2004 *Building Your Private Practice*, IAMFT Fall Conference, Indianapolis, IN (1day)

2004 *The Moral Imperative*, AAMFT National Conference, Atlanta GA (4 days)

2003 *Alternative medicine and Counseling*, IAMFT Spring Conference, Indianapolis, IN (1day)

2003 *AACC International Conference*, Nashville TN (4 days).

2003 *Working with Nontraditional Families*, IAMFT Fall Conference, Indianapolis, IN (1 day)

2003 *Helping People Use their Religious Beliefs to Heal*, Indianapolis, IN. (1 day)

2002 *Mental Health and the Law*, Indianapolis, IN. (1 day)

2002 *Healing Traumatized Families in the Shadow of September 11th*. IAMFT Fall Conference, Indianapolis IN. (1 day)

2001 *Mental Health and Missions Conference*, Angola IN (4 days)

2001 *E-Therapy* Indianapolis, IN (1day)

2001 *AACC Annual Conference*, Nashville TN (4 days)

2001 *Effective Short-term Therapy with Missionaries on the Field*. Hickory Corners, MI. (2 days)

2000 *The Church at the Crossroads Conference*. Cincinnati, OH (2 days)

2000 *Geriatric Mental Health: Delirium Dementia, and Depression*. Indianapolis, IN. (1 day)