

# Adam J. Thompson, PhD, LAT, ATC

Licensed & Certified Athletic Trainer

Work: 4201 South Washington Street, Marion, IN 46953 (765) 677-3482 [adam.thompson@indwes.edu](mailto:adam.thompson@indwes.edu)

## EDUCATION

### **Doctor of Philosophy**

Capella University, Minneapolis, Minnesota  
Specialization: Health Care Administration

### **Masters of Science**

Ohio University, Athens, Ohio  
Concentration: Athletic Training

### **Bachelor of Arts**

Anderson University, Anderson, Indiana  
Major: Athletic Training, CAATE Accredited Athletic Training Program  
Minor: Physical Education                      Cognate: Biology

## PROFESSIONAL WORK EXPERIENCE

2004-present

(rank of Associate Professor from 2005-2011)

**Director of ATE/ Full Professor/ Athletic Trainer** - Indiana Wesleyan University, Marion, IN  
Primary responsibilities include the oversight of the academic sequencing, operation, and accreditation maintenance of the CAATE accredited Athletic Training Program. Additional responsibilities include instruction of core curriculum classes both in the AT major as well as core courses within the Division of Health and Human Performance. Secondary responsibilities include supervision and instruction in the clinical education of AT students. Primary AT health care services provided to the intercollegiate Men's and Women's Cross Country teams.

2002-2004

**Head Athletic Trainer/ Assistant Professor** - Indiana Wesleyan University, Marion, IN  
Primary responsibilities include the management of health care services delivered to intercollegiate athletes, instruction of core curriculum classes in the AT major, and coverage of various intercollegiate sports. Responsible for inventory control and management of multiple athletic training clinics. Secondary duties include assisting the ATEP Director with the academic day-to-day operations of the CAAHEP accredited Athletic Training Education Program. Primary AT health care services provided to the Volleyball, Cheer and Softball teams.

1999-2002

**Assistant Athletic Trainer/ Clinical Instructor** - Indiana Wesleyan University, Marion, IN  
Duties include assisting the ATEP Director and Head ATC with the day-to-day operation of the ATE program. Additional responsibilities include instruction of core curriculum classes in the AT major, supervision and instruction of clinical education and clinical field experiences for AT students. Primary AT health care services provided to Men's and Women's Soccer teams, Men's Basketball team, and Baseball and Softball teams.

2000-2008

**Summer Staff Athletic Trainer** - Taylor University Basketball Camps, Upland, IN  
Provided athletic training services to summer boys and girls basketball camp participants (ages 6-17). Administered first aid treatments and organized inventory of sports medicine supplies. Coordinated Prescription medication administration to camp participants under prescribing physician orders.

1997-1999

**Clinical Athletic Trainer** for Ohio Valley Sports Medicine & Midwest Sports Therapy, Chillicothe, OH  
Duties included working with orthopedic surgeon group to develop and implement an outreach athletic training service program for all sports at Ross County, OH area high schools. Additional duties included performing outpatient orthopedic rehabilitation as well as custom brace fittings for orthopedic injury and surgery patients.

1997-1999

**Manager** for Midwest Fitness Center, Chillicothe, Ohio.

Oversaw the day to day operation of the fitness center. Coordinated human resource management of fitness center employees, scheduling of center patrons, inventory control and budget as well as administration of APEX nutrition program. Provided leadership and structure for individual exercise and fitness programs for fitness center patrons and personal trainers.

1996-1999

**Head Athletic Trainer** for Chillicothe High School, Chillicothe, Ohio.

Comprehensive full-time athletic training services to 22 boys and girls interscholastic sports programs. Supervised and instructed high school student aids interested in pursuing sports medicine at the undergraduate level. Collaborated with Ashland University, Ashland, OH and Capital University, Columbus, OH for athletic training student internships for undergraduate athletic training students.

### **Professional Memberships**

National Athletic Trainers' Association  
Great Lakes Athletic Trainers' Association  
Indiana Athletic Trainers' Association  
College Athletic Trainers' Society

### **Professional Licenses & Certifications**

Indiana Professional Licensing Agency; State of Indiana Athletic Trainer's Licensure Board of Certification - Certification # 059602458 - Certified Athletic Trainer  
NPI # - 09092005395121  
American Red Cross Community First Aid & Safety Instructor  
American Red Cross CPR for the Professional Rescuer & AED Instructor  
American Red Cross Lifeguard  
National Safety Council BLS for Health Care and Professional Rescuers Instructor

### **Honors**

NAIA Athletic Trainer of the Year, 2007  
Who's Who Among America's Teachers: Indiana Wesleyan University, 2006-2007, 2005-2006, 2004-2005, 2003-2004  
Graduate Athletic Trainer of the Year, Ohio University, 1996-1997  
Athletic Training Student of the Year, Anderson University, 1995-1996

### **Indiana Wesleyan University Committee Assignments**

College of Arts and Sciences General Education Committee, 2013-2015  
College of Graduate Studies Health Science Initiative Oversight Committee, 2011-2013  
College of Arts and Sciences Faculty Promotion and Review Committee, 2012-2014  
College of Arts and Sciences Academic Policies and Petitions Committee, 2010-2013  
College of Arts and Sciences Enrollment Management Committee, 2010-2012  
College of Arts and Sciences Credit Hour Study Group, May 2011  
College of Arts and Sciences Curriculum Committee, 2007-2009  
University Faculty Senator, 2007-2008

College of Arts and Sciences Dean Search committee, 2005-2006  
 College of Arts and Sciences Athletic Training Faculty and/or Staff search committee,  
 2000-2001, 2001-2003, 2003- 2004, 2006-2007, 2008-2009, 2012-2013  
 Aquatics Director Faculty search committee, 2000-2001  
 PE Pedagogy Faculty search committee, 2008-2009  
 Chemistry/Biology Faculty search committee, 2009-2010

**Discipline Specific - National, Regional, & State Appointments**

National Athletic Trainers’ Association Manual Therapy Work Group, January 2015-present  
 National Athletic Trainers’ Association Interprofessional Education and Practice in Athletic Training  
 Member Interest Group, September 2013-present  
 National Athletic Trainers’ Association Interprofessional Education and Practice in Athletic Training Work  
 Group, September 2013-Septmeber 2014  
 United States Olympic Training Center Sports Medicine Volunteer AT, 2014-present  
 Bridges to Health - Orthopedic Consultant & Clinical Provider, Jan 2010-present  
 Co-Chair of the Education Committee for the Indiana Athletic Trainers’ Association, 2008-2012  
 NCAA Div 1 Basketball Midwest Regional Championship Drug Testing Team, March 2009  
 Board Member - Grant County, IN Chapter of the American Red Cross, 2002-2010  
 Board Chair - Grant County, IN Chapter of the American Red Cross, 05-06, and 07-08  
 Section 8 Representative for the NAIA Athletic Trainers’ Association, 2006-2011  
 Vice President for the NAIA Athletic Trainers’ Association, 2009-2011  
 Chair - NAIA Athletic Trainers’ Association Scholarship and Awards Committee, 2009-2011  
 Emergency Response Team - College Wesleyan Church, 2008-present

**RESEARCH AND SCHOLARSHIP**

**Undergraduate courses taught (all at Indiana Wesleyan University)**

ATR 195 Introduction of Athletic Training ATR 196 AT Clinical Education Experience I ATR 197 AT Clinical Education Experience II ATR 199 AT Practicum I ATR 225 Lower Extremity Evaluation and Assessment ATR 226 Upper Extremity Evaluation and Assessment ATR 231 Advanced Athletic Training ATR 299 AT Practicum II ATR 331 Therapeutic Exercise and Rehabilitation ATR 350 Seminar in Athletic Training ATR 397 AT Clinical Education Experience VI ATR 399 Athletic Training Practicum III ATR 410 AT and Sports Medicine Internship ATR 431 Evaluation and Recognition of Injuries & Conditions	ATR 450 Senior Seminar in Sports Medicine ATR 492 Administration of Athletic Training ATR 495 AT Practicum IV ATR 496 AT Clinical Education Experience VII PHE 101 Concepts to Health and Wellness PHE 210 Technology in Physical Education and Sport PHE 225 Psychology of Sport and Exercise PHE 229 CPR PHE 230 First Aid PHE 352 Sports Law & Risk Management PHE 366 Alcohol and Drug Education REC460 Facilities: Design, Planning, Maintenance, Scheduling, and Management UNV 180G Introduction to World Changers - Breakout group
---	--

**Graduate courses taught (at Indiana Wesleyan University)**

ATR 560 - Adv. Prevention and Emergency Management Techniques
---

## **Curriculum Writing & Development (all at Indiana Wesleyan University)**

### **Entry-Level Master's in Athletic Training – 2012-2013 (with Aly Williams PhD, LAT, ATC)**

ATR 510 - Preventative Strategies and Emergency Management  
ATR 575 - Clinical Anatomy  
ATR 515 – Introduction to Evidence Based Interventions & Interpretation  
ATR 520 - Orthopedic Evaluation & Diagnosis I  
ATR 520L - Ortho Evaluation & Diagnosis I Lab  
ATR 521 - Orthopedic Evaluation & Diagnosis II  
ATR 521L - Ortho Evaluation & Diagnosis II Lab  
ATR 525 - Therapeutic Interventions I – Physical Agent Modalities  
ATR 525L - Therapeutic Interventions I – Physical Agent Modalities Lab  
ATR 531 - General Medical Conditions & Nomenclature  
ATR 625 - Psychosocial Issues in Athletic Training – Clinical Intervention Strategies  
ATR 692 - Health Care Administration in Athletic Training  
ATR 610 - A.T. Practicum  
ATR 601 - A.T. Clinical Ed. Experience III  
ATR 635 - Therapeutic Interventions II – Rehabilitative Exercise  
ATR 635 L - Therapeutic Interventions II - Rehabilitative Exercise Labs  
ATR 580 - Research Methods I  
ATR 654 - Strength & Conditioning of Athletes  
ATR 654L - Theory and Application of Strength & Conditioning of Athletes Lab  
ATR 602 - A.T. Clinical Ed. Experience IV  
ATR 640 - Therapeutic Interventions III – Pharmacology  
ATR 590 - Research Methods II  
ATR 650 - Seminar in Sports Medicine

### **Post Professional Master's in Athletic Training – Summer 2013 (with Nate Foster, PhD, LAT, ATC)**

ATR 560 - Adv. Prevention and Emergency Management Techniques  
ATR 575 - Clinical Anatomy  
ATR 565 - Advanced Evidence Based Practice  
GNUR 528 - Biostatistics and Epidemiology  
HCAD 514 - Health Care Technology and Information Management  
ATR 570 - Leadership and Management in Athletic Training  
ATR 580 - Research I  
ATR 585 - Advanced Psychosocial Issues in Health Care  
ATR 590 - Research II  
ATR 595 - Nutrition and Pharmacological Aspects of Sports Performance  
ATR 599 - Research Capstone Seminar

## **Professional Lecture Presentations**

Emergency Immobilization Techniques for the Athletic Trainer, Indiana Athletic Trainers' Association Fall Sports Medicine Symposium, Indianapolis, IN, Fall 2014

Reoccurring Jones Fractures Post Intramedullary Screw Fixation: Investigating Failure and Possible Treatment Alternatives, College Athletic Trainers' Society Spring Symposium for Athletic Trainers and Team Physicians - May 2013

Meet "Tom"; Where Illustrative Art Meets Applied Science, Indiana Wesleyan University - Celebration of Scholarship - April 2013

Chronic Stress & Burnout in Athletic Training, Indiana Athletic Trainers' Association Fall Sports Medicine Symposium, Indianapolis, IN, Fall 2010

Casting & Splinting Techniques, Indiana Athletic Trainers' Association Fall Sports Medicine Symposium, Indianapolis, IN, Fall 2009

Taping & Wrapping Techniques for coaches, Judson University, Rockford, IL, Fall 2008

CAATE Preparatory review, Sterling College, Sterling, KS, Spring 2008, Spring 2010

Emergency Techniques for the lay responder, MOPS Association, College Wesleyan Church, Marion, IN, Spring 2008

Doctoral Education in Health Care Administration, Capella University Residency Colloquia, Chicago, IL, May 2006

Health Careers, Community Health Fair, Indiana Wesleyan University, Marion, IN 2001

Health & Wellness, Ross Correctional Institute, Chillicothe, OH, 1999

Industrial Athletic Training and Rehabilitation, Mead Paper Corporation, Chillicothe, OH, 1998

Prevention of Athletic Injuries, Midwest Sports Therapy Coaches Clinic, Chillicothe, OH, 1997, 1998, 1999

The Graduate School Process, Anderson University TRENDS in Sports Medicine meeting, Anderson, IN, Spring 1997

### **Professional Poster Presentations**

Reoccurring Jones Fractures Post Intramedullary Screw Fixation: Indiana Athletic Trainers' Association Fall Sports Medicine Symposium, Indianapolis, IN, 2012

### **Article Publications**

Interprofessional Education and Practice in Athletic Training: Work Group member for the Interprofessional Work Group: Professions section: NATA Executive Committee for Education. Athletic Training Education Journal, 2014.

Burtch, S., Freeman, J., Hallis, B., Thompson, A., Complete Achilles Tendon Rupture in a 22 year old Cheerleader: A Case Report, Clinical Medicine and Diagnostics, May 2013, Vol.2, No.2.

Brown, DJ, Sanders, K., Farrar, D., Newton, J., Thompson, A., Doyle, A. Reoccurring Jones Fractures Post Intramedullary Screw Fixation: Investigating Failure and Possible Treatment Alternatives: A Case Report, International Journal of Athletic Therapy and Training, January 2013, Vol. 18, No. 1, pg. 21-24.

Middleton, K., Glasgow, N., King, H., Thompson, A., Jacobs, M. From Diagnosis to Remission: A Five-Year Case Study of a Female Collegiate Athlete's Battle with Leukemia, International Journal of Tumor Therapy, August 2012, Vol. 1, No 3, pg 14-19.

Wilhite, G., Foster, N., & Doyle, A., Thompson, A. (2009). Crutch fitting made easy. NATA News, page 44.

Thompson, A., Voudrie, D. (2001). Getting a Handle on Fingertip Injuries, The Physician and Sports Medicine, Volume 29, No. 4, page 66.

Thompson, A. (1999). Helping when the “Wind is Knocked Out”, The Physician and Sports Medicine, Volume 27, No. 9, page 17.

### **Grants & Awards**

Indiana Wesleyan University CAS Faculty Sabbatical – Fall 2014  
Indiana Wesleyan University CAS iPad Grant Proposal – 2 iPads awarded – 2012-2013  
Eli Lilly Scholarship Fund Initiative - \$1,260 – 2006-2007

**Book** Thompson, A.J. (2009). Stress & Burnout in Collegiate Certified Athletic Trainers  
©2009 LAP Lambert Academic Publishing - GmbH & Co. KG., VDM Publishing House Ltd.

### **Journal Editor**

American Journal of Sports Science & Medicine - Science & Education Pub - Dec 2012-present  
Clinical Medicine & Diagnostics - Scientific & Academic Publishing - Oct 2011- Oct 2012

### **Doctoral Committee Appointments**

Committee member for PhD dissertation: Potential performance enhancement effects of ASTYM®  
Student: Andrew Doyle, ATC  
Institution: Rocky Mountain University  
Anticipated completion: June 2016

Committee member & Attending Clinician for DAT dissertation: The Effects of Sensory Flow on the  
Autonomic Nervous System  
Student: Jessica Keller, ATC  
Institution: University of Idaho  
Anticipated completion: August 2015

### **Book Reviewer**

<b>Delmar Publishers; Cengage Learning</b>	<b>McGraw Hill/ Glencoe Publishers</b>
<b>F.A Davis Publishers</b>	<b>Jones and Bartlett Publishers</b>
<b>Wolters Kluwer/ Lippincott, Williams, &amp; Wilkins Publishers</b>	<b>Pearson Education Publishers</b>

- **Therapeutic Modalities: The Art and Science** by Knight and Draper (spring 2007) - Wolters Kluwer/ Lippincott, Williams, & Wilkins Publishers
- **Unique Considerations of the Female Athlete** (summer 2007) – Delmar Publishers/ Cengage Learning
- **Resistance Training for Special Populations** (fall 2007) – Delmar Publishers/ Cengage Learning
- **Musculoskeletal Evaluation and Diagnosis of the Lower Extremity** (CD) (spring 2008) - McGraw Hill/ Glencoe Publishers
- **Athletic Training Clinical Education Guide** (summer 2008) – Delmar Publishers/ Cengage Learning
- **Orthopedic Taping, Wrapping, Bracing, & Padding** 1<sup>st</sup> Ed revision by Beam (fall 2008) - F.A Davis Publishers
- **Lower Extremity Evaluation DVD and Lab Manual** by Mann (spring 2009) – Delmar Publishers/ Cengage Learning

- **Video Interactive Learning Objects (VILOs)** (summer 2009) – Delmar Publishers/ Cengage Learning
- **Athletic Training and Sports Medicine, 5<sup>th</sup> Edition** Chad Starkey and Glen Johnson (fall 2009) Jones and Bartlett Publishers
- **Study Guide for the NATA BOC Entry-Level Athletic Trainer Certification Examination, 4th Ed.** (fall 2009) - F.A Davis Publishers
- **The Profession of Athletic Training Book Proposal** by Matthew Kutz, (fall 2009) - Delmar Publishers/ Cengage Learning
- **Emergency Response Management for Athletics Trainers** by Michael Miller & David Berry 1<sup>st</sup> Ed, (fall 2010 & summer 2013) - Wolters Kluwer/ Lippincott, Williams, & Wilkins Publishers
- **Evidence-based Medicine for Beginning Practitioners** (spring 2012) Jones and Bartlett Publishers
- **Get Fit, Stay Well!** by Hopson, JL, Donatelle, RJ, Littrell, TR 3<sup>rd</sup> Ed. (spring 2015) Pearson Education Publishers, Reviewed Chapters 11, 13.

## **SUPERVISED UNDERGRADUATE STUDENT RESEARCH PROJECTS**

(all at Indiana Wesleyan University)

- Perceived Stress in undergraduate Athletic Training Students (spring 2005)
- An analysis of therapeutic modality preferences among certified athletic trainers treating tendonitis injuries (spring 2006)
- Stress Fractures of the Low Back (John Wesley Honors College Senior Thesis; spring 2006)
- Somatotype & body fat percentage measurement as accurate predictors of overall fitness (spring 2007)
- Perceptions of the Athletic Training Profession among Undergraduate Students (spring 2008)
- Potential contributing factors to lower extremity injuries in runners (John Wesley Honors College Senior Thesis; spring 2008)
- Wii Fit® system as an accurate tool for improving overall balance (spring 2009)
- Ipsilateral and Bilateral Comparison of External Rotation and Internal Rotation of the Shoulder in Collegiate Softball Athletes (spring 2009)
- Post season isokinetic hamstring to quad strength ratio in starting and non-starting intercollegiate male soccer athletes (spring 2009)
- Measuring Athletes Trust in Certified Athletic Trainers (John Wesley Honors College Senior Thesis; spring 2009)
- Investigating Platelet Rich Plasma Therapy; A Meta-Analysis (spring 2010)
- An Analysis of Lifestyle Health and Wellness: Correlating Certified Athletic Trainers' Practices against Personal Behaviors (spring 2010)
- Duration of Post-Exercise Effects on Brain Cognition (spring 2011)
- From diagnosis to remission: A 5 year study of a collegiate female basketball player with leukemia (spring 2012)
- Complete Achilles Tendon Rupture in a 22-Year-Old Female Cheerleader: A Case Report (spring 2012)
- Reoccurring Jones Fractures Post Intramedullary Screw Fixation: Investigating Failure and Possible Treatment Alternatives A Case Report (spring 2012)
- Effects of Different Dosage Levels of Caffeine on Endurance Athletes (spring 2012)
- Meet "Tom"; Where Illustrative Art Meets Applied Science (spring 2013)
- Comparing Superficial Skin Temperature Changes following Application of competing Cold Therapy Modalities (spring 2013)
- Recurrent Anterior Cruciate Ligament (ACL) Ruptures Following Variable Surgical Reconstructions in a Collegiate Female Soccer Athlete: A Case Report (spring 2014)

- Stopping an Epistaxis Event in 5 Easy Steps: A Case Series on Epistaxis Cessation using the SET Technique (spring 2014)
- Positional Release Therapy and the Effects on Reduction of Tension Type Headaches: A Systematic Review (spring 2014)
- Inhibitory Effect of Kinesio® Tex Gold™ Tape on the Gastrocnemius Muscle among Healthy Intercollegiate Athletes (spring 2013-spring 2015)
- Cuboid Syndrome in a Female Collegiate Soccer Player: A Case Study (spring 2015)